

New Year Prayer Goals Worksheet



PRAYER
ASSIST

Producing More Prayer-Energized Disciples and Ministries

1. List specific goals and desired outcomes of your life and ministry for the New Year.

LIFE

MINISTRY

2. What Provision has God has made for you to reach your goals and desired outcomes?

3. What Obstacles are there to you reaching your goals and desired outcomes:

LIFE

MINISTRY

4. What are 3 to 5 specific prayer requests related to your goals and desired outcomes to pray for this year?

- 1.
- 2.
- 3.
- 4.
- 5.

5. What people and circumstances need prayer this year?

FAMILY

HEALTH

SPIRITUAL

EMOTIONAL

LOCAL CHURCH

KEY LIF EVENTS

SCHOOLING

OTHER

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The Prayer Assist "New Year Prayer Goals Worksheet" helps us focus prayer in 5 areas of life and ministry:

- 1. Your specific goals and outcomes.**
- 2. Provision God has given** you to achieve your goals.
- 3. Obstacles to achieving your goals.**
- 4. Specific prayer requests** to pray toward your goals, and
- 5. Other people and circumstances to pray for.**

Consider using the worksheet with your family, small group, ministry team – as a way to pray for each other now and throughout the year.

This FREE resource can be downloaded from the Prayer Assist website at:
<https://prayerassist.org/wp-content/uploads/2016/05/new-year-prayer-goals-worksheet-2023.pdf>

"New Year Prayer Goals" Workshop

Prayer Assist is available to provide in-person or zoom session with you, your leaders, small group, Sunday School class, ministry and/or business to do a **"New Year Prayer Goals" workshop.**

Please reach out to Prayer Assist to receive this training.